

04.05.2015

Circular

Sub : Women's heart disease Awareness Program – Reg

This is to inform you our institution is going to organize the seminar on “**Women's heart disease Awareness Program**” on **06.05.2015** by Mr. Sethu, Professor, SRM University. The time and venue for the guest lecture are mentioned below.

Venue : SEMINAR HALL

Time : 06.05.2015 from 02.00 pm to 04.00 pm


Principal

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Hostels (Boys & Girls)
Sports/MR/Office/Stores/Trnasport
Trust Office

Report on seminar on Women's heart disease Awareness Program Awareness Program

- **Venue** : Seminar Hall
- **Time** : 06.05.2015 from 02.00 pm to 04.00 pm
- **No of Participants – Male** :25
- **No of Participants – Female**:30

Our College had organized a Seminar on **“Women's heart disease Awareness Program”**. Around 55 2nd year and 3rd Year students participated and benefited by the event. The Speakers for the lectures was Mr. Sethu, Associate Professor, SRM University, Chennai.

In this lecture Addressed, Researchers found that the more risk factors participants had, the more likely they were to recognize their need to change. However, one in five individuals with the highest risk (those with five or more cardiovascular risk factors) did not feel a need to improve their health. They also noted that adults who were obese, smoked and didn't get enough physical activity were most likely to report a need to improve their health, while those with high blood pressure and diabetes were least likely to recognize a need to change. These findings highlight the need to raise awareness for cardiovascular risk factors and the importance of heart disease prevention. If many adults are unaware of their cardiovascular risk factors, then it's very unlikely they will take steps to address them. As clinicians, it's our role to ensure that our patients gain a better understanding of their risk(s) and take steps to improve their heart health. In this lecture students learned about the various awareness techniques for health issues.

During the discussion session participants interact with the speaker for clarification regarding their doubts. The overall programme was very successful.


Principal

ATTENDANCE SHEET FOR THE PROGRAM

PROGRAM : Women's Heart disease Awareness program
DATE : 05/06/2015

SL NO	NAME OF THE STUDENT	BRANCH	GENDER	SIGNATURE
1.	Lo kesh R	ME	M	Lo kesh R
2.	Mohan K.	EEE	M.	Mohan K.
3.	Koushik C.K.	ECE	M	Koushik C.K.
4.	Raju C	MBA	M.	Raju C
5.	Swamy	MBA	M.	Swamy
6.	Rasthik P.	MECH	M.	Rasthik P.
7.	Subash M	ME	M	Subash M
8.	Manjunath K.	ECE	M.	Manjunath K.
9.	Pavan	ECE	M.	Pavan
10.	Venkatesh N	BCE	M.	Venkatesh N.
11.	Yeshwanth S.	EEE	M.	Yeshwanth S.
12.	Swaraj K.	MECH	M	Swaraj K.
13.	Shankar N	MECH	M	Shankar N.
14.	Imay	MECH	M	Imay
15.	Kiran S	CSE	M	Kiran S
16.	Ranik M	CSE	M	Ranik M
17.	Santhosh G	MECH	M	Santhosh G
18.	Yaguh	MECH	M	Yaguh
19.	Anand M raj Ruvitha	MECH	M	Anand Raj
20.	Durhan. H R	MECH	M	Durhan.
21.	Arun. L	CSE	M	Arun L
22.	Saigunya	CSE	M	Saigunya
23.	Abash.	ECE	M	Abash.

SL NO	NAME OF THE STUDENT	BRANCH	GENDER	SIGNATURE
24.	Rakesh.G.	ECE	M	Rakesh
25.	Thirumalai	ECE	M	Thirumalai
26.	Sowmya.S	ECE	F	Sowmya S
27.	Bhanya.S	ECE	F	Bhanya S
28.	Archana.S	ECE	F	Archana
29.	Jayashree	ECE	F	Jayashree
30.	Divya.M.P	ECE	F	Divya
31.	Ramya.S	ECE	F	Ramya
32.	Aishwarya.T	ECE	F	Aishwarya T.
33.	Sneha.P	ECE	F	Sneha P
34.	Senthusi.N	CSE	F	Senthusi
35.	Ramya.N.	CSE	F	Ramya
36.	Maey Theya.M.	CSE	F	Maey M.
37.	Shwetha.P.	CSE	F	Shwetha
38.	ISHWARYA LAKSHMI	CSE	F	ISHWARYA LAKSHMI
39.	Sree deep O.U.	CSE	F	Sree deep
40.	Nirosha.S.V.	CSE	F	Nirosha SV
41.	SHRUTHI	EEE	F	Shruti
42.	Divya K.	MBA	F	Divya
43.	TANDRANI.R.N.	MBA	F	Tandra
44.	shwetha.N.	MBA	F	shwetha N.
45.	LAKSHMI.G	MBA	F	Lakshmi
46.	Radha.S.N.	MBA	F	Radha
47.	Parthiva.G.N.	EEE	F	Parthiva
48.	Veedha Lakshmi	EEE	F	Veedha
49.	Yamini	ECE	F	Yamini
50.	Sushmitha.M	ECE	F	Sushmitha
51.	Sudha	ECE	F	Sudha
52.	Lakshmi	ECE	F	Lakshmi

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SL NO	NAME OF THE STUDENT	BRANCH	GENDER	SIGNATURE
53.	Pooja Lakshmi	ECE	F	Pooja
54.	Nandhini. M	ECE	F	Nandhini
55.	M. Kanya	ECE	F	Kanya.
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