

SHIRDI SAI ENGINEERING COLLEGE ANEKAL, BANGALORE-562106

12/02/2015

Circular

Sub: Health Awareness program-Reg.

This is bringing to your kind notice that our college is organizing **Health Awareness program** on 16th February 2015 from 9.30 a.m to 4.00 p.m in Karpur village, Anekal. You are cordially invited and your participation in full strength is expected, for the effective utilisation of the programme.

Copy to All HOD's, TPC, Office, TO, Transport

Report on Health Awareness

Many people are ill without realizing it. The result? Although effective medicines and therapies are available, these individuals do not receive treatment, or don't receive it in time. To prevent such an outcome, we conduct campaigns to raise awareness and improve knowledge of diseases, their symptoms and treatment options. Ultimately, healthcare professionals, communities and patients can only make informed decisions if they possess the appropriate knowledge and information.

A health awareness programme was conducted for students from a school in Karpur village on 16th February 2015 by our institution. Nearly 24 children have participated. Increasing public awareness is vital in the fight against infectious diseases. The children were sensitized about the importance of washing their hands before and after eating and exercising daily and the importance of playing sports and inculcating other healthy habits to avoid falling sick. The children were asked to share their daily routines and the steps they took every day to maintain hygiene. The children learnt a lot from the session and promised to follow all the good habits.

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