## SHIRDI SAI ENGINEERING COLLEGE Anekal Bengaluru A Report on Health Camp Program -2014

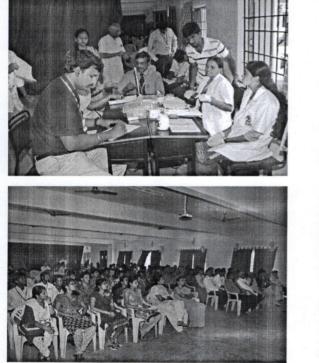
Our College NSS Unit organized Health Camp Programs at our institution on 14<sup>th</sup> July 2014 from 9:30 AM.

The program was inaugurated by the Chief Guest **Dr Pradeep form Narayana Hrudayalaya**, the importance of the human life and brought an inspiration, in the gathering. Followed by felicitation to the Chief Guest with a bouquet as a mark of appreciation. Dr. Y. Vijaya Kumar, Principal, Shirdi Sai Engineering College, Dr. B. Shadaksharappa Vice Principal, and students were present on this occasion.

Health Camp Programs such as Haemoglobin checkup, Blood Pressure, Blood Group Detection, BMI(Body Mass Index) were organised at Shirdi Sai Engineering College campus, Anekal. for their staff and students. Haemoglobin, Blood Pressure, Blood Group and BMI were checked and a detailed report of normal and abnormal percentage has been given to them, most of the girls percentage of haemoglobin has been identified as abnormal and they have been counceled to take food supplement and eat essential vegetables.

For BMI abnormality proper diet was told to maintain and for blood pressure suitable tablets were suggested.

I sincerely convey an immense gratitude to Dr Pradeep and his team, the management, Principal, HOD's, and student Volunteers for supporting and making the above event efficacious







Yours faithfully

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Physical Education Director (Manjunath K N)

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