



Sri
SAIRAM
COLLEGE OF ENGINEERING

ISO 9001:2008 Certified Institution

Approved by AICTE, New Delhi

Recognised by Govt. of Karnataka & Affiliated to VTU, Belagavi

Anekal, Bengaluru - 562 106

21st June 2018

Report –International Day of Yoga 2018,

Sri sairam college of Engineering, Anekal, Bengaluru, NSS Uni organized International Day of yoga 2018, Scheduled on 21st June 2018 in the college campus efficaciously.

The yoga program inaugurated by the Chief Guest with the lighting of the lamp.

Dr. R. Arun Kumar Management Representative welcomed the dignitaries. Then followed by felicitation to the Chief Guest with a Bouquet as mark of approbation.

Chief Guest **Ms.Meenakshi, Simplified Kundalini Yoga, World Community Service Centre, Vishala Karnataka Sky Trust (R), Anekal.** Addressed to the yoga participants about importance of yoga and benefits with doing yoga regularly.

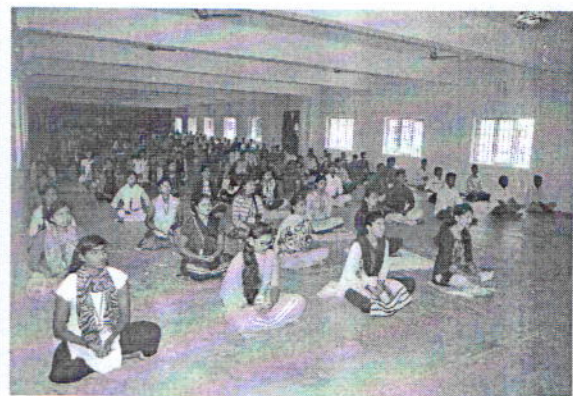
Dr. Y. Vijaya Kumar, Principal, Sri Sairam College of Engineering, in his presidential address mentioned that to maintain good health how yoga helps to the people. Also he promised that yoga classes will be conducted in this institution regularly.

Prof. Sudhakar.D Hegde, Principal Sri Sairam PU College in his special address briefed about yoga is a science performing yoga everyday by people of all age group, keeps the body mind and soul healthy. It offers a great relief to our stressful lives.

Dr. R. Arun Kumar Management Representative, Trust Office Members, all Department HOD's Staff and Students were present on this occasion.

The Session winded up with vote of thanks followed by National Anthem.





Yours truly

Manjunath K N

NSS Programme Officer
(Manjunath K N)

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[Signature]
PRINCIPAL

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