



Many of us don't know about the myriad ways in which we're harming the environment through our everyday habits. But, ignorance won't make the problems go away. We fail to realise that the accumulation of a lot of little things isn't little. We are strangling the planet, strangling ourselves. Remember, we don't own the planet. We belong to it. It is high time we

stop being ignorant, careless and irresponsible.

GO GREEN

Let's do our part, and let's do it every day!

Here are a few simple ways in which each of us can help build a greener world.

- Reuse cloth grocery bags. Over 500 billion petroleum-based plastic bags threaten wildlife, waste energy, pollute oceans, and clog our soil each year.
- Millions and millions of plastic water bottles end up going into the soil each year. Break the habit by switching to filtered tap water and a re-usable container.
- Start the practice of buying in bulk and sharing them with friends and family. All participants will save money, and reduce packaging and fuel costs.
- Wherever possible, replace disposable products with reusable ones. Take your own reusable coffee mug each time you go for coffee. Think of all the paper cups you'll prevent from going into the soil.
- Buy recycled products. By buying recycled, you'll consume 55% less energy for paper products, 33% less energy for glass and 90% less energy for aluminum.
- When you boil some vegetable in a pot, or wash some fruit in a bowl, instead of pouring left over water down the drain, keep it in a can for later use on plants.
- Read books, magazines, and newspapers from your local library or online
- Plant lots of trees and plants around your home and office. Plants cheer the place up, improve air quality, absorb toxic gasses from the air. Every tree you plant absorbs one ton of CO2.
- Unplug all electronic devices when not in use. If you don't unplug them from the socket, they will continue using energy even when switched off.
- When you're planning to buy a new computer, consider a laptop. It saves space, goes anywhere and uses five times less energy than desktop models.
- Buying Energy Star-certified appliances saves you money, conserves water and energy, and eliminates large amounts of greenhouse gases and pollutants.
- Switching to LED lights eliminates tones of CO2 a year. If everyone switches to LEDs, that's like eliminating millions of cars from the road.

Helping to create a better tomorrow...



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